



MSU Retiree Association's [Web Site](#) and [Brochure](#)

MSURA SPARTAN SENIOR NEWSLETTER June-July 2020: [Online here](#). Previous issues [click here](#).

**** CORONAVIRUS / COVID-19 ****

The MSU Retirees' Association Board met virtually this month and we have begun planning Fall 2020 programs. We may offer meeting attendance via the internet and/or telephone. We are exploring these options and will do so if technically and financially feasible.

CAN YOU HELP WELCOME MSU INCOMING FRESHMAN?

Each year the MSU Office of Admissions works diligently to bring bright and ambitious students to MSU. The high school graduating class of 2020, has certainly faced challenges - they have missed significant events (graduation, prom, etc.), may be experiencing financial and emotional hardships, and have a general sense of uncertainty. To address this, the Admissions Office and the Alumni Office are partnering on Operation '24, a letter writing campaign designed to express to incoming students that they will be fully supported by one of the most powerful and inspirational college communities in the world. We want students to feel supported by the Spartans family and know that we are looking forward to them beginning their Spartan journey this fall.

To accomplish this, admissions will be mailing each freshman a care package that includes hand-written notes from alumni, faculty, retirees, staff and students, along with personal protective equipment and Spartan endorsed swag. The goal is to have each freshman receive a minimum of three notes in their care package. If you are willing to help by submitting hand-written letters to incoming students, please [CLICK HERE](#) for more information and to register to participate.

If you have any questions, please contact Pamela Jones – pamelaj@msu.edu or 517-410-2546. Thank you for your consideration!

MSURA Volunteer of the Year Award Nominations, deadline is June 30, 2020. If you would like to nominate a MSU retiree volunteer for this award, you may do so by sending an email to Jacqueline Babcock at jbabcock@msu.edu. Include in the email the person's name and contact information along with the reason(s) you are nominating them for this award.

Helpful Resources for Retirees

- MSU Extension Online Resources (including adult online learning/health and wellness content): <https://www.canr.msu.edu/rlr/index>
- MSU Alumni Livestream Catalog: <https://alumni.msu.edu/learn/online/livestream-and-video-content/>
- MSU WorkLife Office Webinars: <https://worklife.msu.edu/blog/taking-care-yourself-times-uncertainty>



WOULD YOU LIKE TO MAKE FACE MASKS AND HELP PREVENT COVID-19?

The MSUQuilters have been meeting the challenge to sew fabric face masks. Five of the quilters have made over 160 masks that were given to McLaren Hospice and the Holt Senior Care and Rehab. Also, many of our quilters have busy making masks for their families and friends. We have also been asked to supply a large number of masks for the EL Rotary to distribute. Please contact Ann Booren at boorena@msu.edu if you are willing to sew masks. Thank you.

VOLUNTEER OPPORTUNITIES

If you are looking for meaningful opportunities to serve others during the COVID19 situation, the East Lansing Primetime program is referring people who want to help register as a volunteer to call homebound seniors who would like to be called. To register they can use the link below to the Tri County Office on Aging (TCOA) to reach out to

recipients of Meals on Wheels . TCOA is trying to reduce exposure to this vulnerable population of seniors who receive MOW, so they will only deliver meals weekly rather than daily. They will be receiving frozen meals they can heat up. TCOA appreciates the support of those willing to help with calls.

The first step to volunteering is to register as a volunteer at www.tcoa.org/volunteer . They will process applications and reach out to people as quickly as they can. A simple phone call can help people feel connected to the outside world. If possible it would be great if MSU Retirees could participate.



PET FOOD BANK



For people finding it difficult to afford pet food during these challenging times, Ingham County Animal Control & Shelter and The Cat Ambassador, with support of the Okemos Community Church Food Bank, have created a Pet Food Bank.

Food for one week (cat or dog) will be available. Delivery is by cart to your car and social distancing is mandatory.

Wednesdays, 10 PM – Noon
Okemos Community Church parking lot
(Home of the Okemos Food Bank)
4734 Okemos Road

Saturdays, Noon – 2 PM
Meridian Township Central Park
Pavilion, off Okemos and Central Park
Roads.

Please pass this information on so we can reach those who need this.

To donate food

**Pet Supplies Plus, Pet Smart, and Soldans (Okemos) have donation bins. Purchases of a bag(s) of cat food (3.5 or 4 pounds preferred) or dog food can be made either in the store, or on line (be sure to give instructions to place the on-line donation into the*

donation bin). For safety reasons, only items purchased from the store can be placed in their donation bins.

**Other food donations can be taken to Ingham County Animal Control Shelter, 600 Buhl St., Mason where there is a donation bin, or to any Pet Food Bank event.*

To donate funds

**Electronically to the Ingham County Shelter Fund <https://secure.qgiv.com/for/icasf> and be sure to enter Pet Food Bank in special instructions.*

**Send a check to ICAC, 600 Buhl St., Mason, 48854, noting the gift is for the Pet Food Bank.*

**Visit The Cat Ambassador website for donation instructions <https://thecatambassador.org/>*

VACCINATIONS FREE TO MSU RETIREES at MSU Clinical Center Pharmacy Monday through Friday 8AM to 5PM. Questions check Pharmacy's web site or call the Pharmacy, 517-353-3000.

- * **Flu vaccines**
- * **Shingles vaccines, “SHINGRIX”**
- * **Tetanus vaccines, “Tdap”**

TRI-COUNTY OFFICE ON AGING PROGRAMS FOR SENIORS

Tri-County Office on aging has a number of programs to assist seniors? Most are FREE of charge. Check out what they have coming up including programming addressing: diabetes, chronic pain, managing concerns about falls, and programs for caregivers too.

<https://www.tcoa.org/classesevidence-based-programs/>

MSU ELI AND EDYTHE BROAD ART MUSEUM EVENTS, current and up coming events.

MSU COLLEGE OF MUSIC EVENTS. Interested in musical experiences? See their website's Events Page for upcoming performances, along with details.

MSU THEATER'S EVENTS, check out theatre.msu.edu to see the special events and programming.

MSURA GROUPS AND ACTIVITIES: There are several interest groups on our website – with everything from bowling to walking [click for list](#). Below is information on current active groups.

<u>GROUP</u>	MSURA GENERAL INFORMATION	CONTACT
<u>Amateur Radio Club</u>	We are amateur radio enthusiasts.	Ed Oxe, W8EO at oxer@msu.edu .
<u>Genealogy</u>	Meets monthly, contact Cathy Estrada for more information.	Cathy Estrada cje1026@yahoo.com (517) 256-3733
<u>Knitters</u>	Meetings are every other Tuesday in room 27 Nisbet bldg.	Rosemary Pavlik, pavlik@msu.edu
<u>Quilters</u>	3 rd Monday of each month at 1:00PM at University Luther Church, 2010 S. Harrison, EL	Ann Booren, boorena@msu.edu
<u>Travel Discussion</u>	Contact Al LeBlanc for meeting times and more information.	Al LeBlanc aleblanc@msu.edu or 517-655-6545
<u>Military History Study</u>	Meetings announced through email. Contact Al LeBlanc for more information.	Al LeBlanc aleblanc@msu.edu or 517-655-6545
<u>Walking</u>	Walk the campus river trail and other great places with your fellow retirees. Contact Rick Vogt for more information.	Rick Vogt, vogtrick@comcast.net

MSURA FACEBOOK PAGE: Are you involved in an interesting endeavor? MSURA wants to hear from you! Send us photos and/or a paragraph of your involvement and we'll add to the MSURA Facebook page. View all MSURA posts and photos at <https://www.facebook.com/MSURetirees>.

MSURA ENDOWED STUDENT SCHOLARSHIP: The MSU Retirees' Association started an endowed student scholarship in 2015. We wanted to support the next generation of our Spartan families. Today, we have endowed two scholarships and we are working on the third. These \$2500 scholarships are a big help in helping our young people. If you would like to contribute or make a pledge, go to www.givingto.msu.edu/1923; Additional contributions are welcomed and very much appreciated by the MSU students who benefit from these scholarships.

MSURA VOLUNTEERS: The MSU Retirees Association is an all-volunteer organization, and everything we do is made possible by MSU retirees and their spouses. If you have an interest in volunteering with the MSURA by sharing your ideas, time and talents, or willing to help in any way, please give us call at [517-353-7896](tel:517-353-7896) and leave your name and phone number. Thank you for your interest and willingness to serve MSURA.

(en1853)

MSURA Contact Information: 22 Nisbet Building, 1407 S. Harrison Rd, East Lansing, MI 48823-5239. Phone [517-353-7896](tel:517-353-7896); email msura@msu.edu; website www.retirees.msu.edu; Join our [Facebook page](#); To unsubscribe or change your email address: MSURA.List.Manager@gmail.com